

Give me that Joy



Today  
I CHOOSE  
Joy

Philippians 4:4-8

Everyday Jesus  
Sermon Series

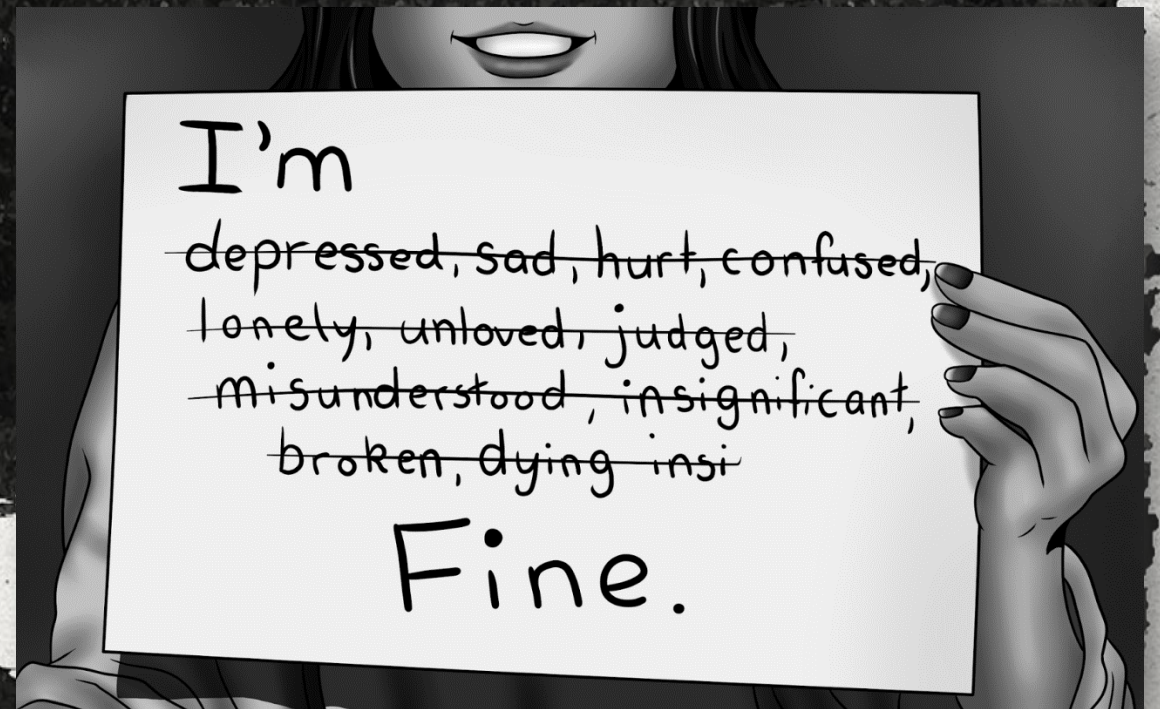




This time of year is supposed to spark joy







I'm

~~depressed, sad, hurt, confused,~~  
~~lonely, unloved, judged,~~  
~~misunderstood, insignificant,~~  
~~broken, dying insi~~

Fine.



# The Bottom Line

If you want more joy  
Rejoice, Request, and Remember





Philippians 4:4

PHILIPPIANS

4 Rejoice in the Lord always;  
again I will say, rejoice.



5 Let your reasonableness be known to everyone. The Lord is at hand;



6 do not be anxious about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God.



Philippians 4:7

PHILIPPIANS

7 And the peace of God, which surpasses all understanding, will guard your hearts and your minds in Christ Jesus.



8 Finally, brothers, whatever is true, whatever is honorable, whatever is just, whatever is pure, whatever is lovely, whatever is commendable, if there is any excellence, if there is anything worthy of praise, think about these things.



Life can be blinding



A disobedient child  
Economy  
Politics  
Poor Health



Ever met that believer?

Nothing gets them down  
Always smiling  
Full of Joy





Our level of joy can be  
controlled like the thermostat in  
our homes





Rejoice always  
Request  
Remember

*life's hard.*

Choose

*joy* anyway

the house of hendrix



# The power of Rejoicing

Rejoice ALWAYS

**BE** joyful  
ALWAYS

pray CONTINUALLY

**GIVE** thanks  
IN ALL CIRCUMSTANCES



# REQUEST

Have you  
made your  
request  
known?





Ask God

Move in my situation

Strengthen me

Fill me with joy and peace

**"THE CIRCUMSTANCES WE  
ASK GOD TO CHANGE ARE  
OFTEN THE CIRCUMSTANCES  
GOD IS USING TO CHANGE  
US." ~MAX LUCADO**

**@IBLOOM**



# Remember

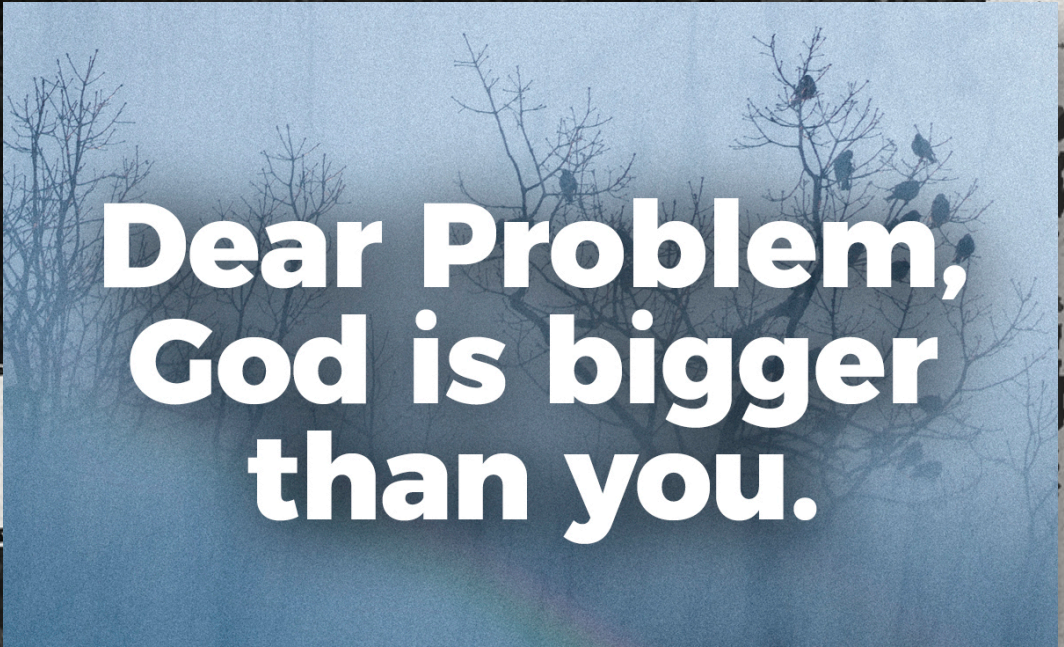
God's promise

His purpose for your life

His power that works in you

He hasn't left you and never will

He is bigger than this



**Dear Problem,  
God is bigger  
than you.**



One last thing

After you change the temperature

Don't open the window!





Ships don't sink because of  
the water around them.

Ships sink because of  
the water that gets in them.

Don't let what's happening  
around you get inside you and  
weigh you down.



Rejoice always  
Request  
Remember