

# ***OVERLOADED LIVES***

## **CREATING ROOM**

11-29-15

**Progress means: “Proceeding to a higher stage of development.”**  
Robert Nisbet

**Margin means: An extra amount allowed beyond what is needed.**

**“Margin has been stolen away, and progress was the thief.”**  
Richard Swenson, M.D.

Matthew 11:27 – *“All things have been committed to me by my Father. No one knows the Son except the Father, and no one knows the Father except the Son and those to whom the Son chooses to reveal him.”*

**Jesus establishes who he is:**

Matthew 11:27 – *“All things have been committed to me by my Father.”*

**The first important truth: Jesus unequivocally equates Himself with God, calling Him, “My Father.”**

**The second truth: In His deity, Jesus had received all things – all authority, sovereignty, truth, and power – from the Father.**

Matthew 11:28-30 – *“**Come** to me, all you who are weary and burdened, and I will give you rest. <sup>29</sup> **Take** my yoke upon you and **learn** from me, for I am gentle and humble in heart, and you will find rest for your souls. <sup>30</sup> For my yoke is easy and my burden is light.”*

## ***HOW TO CREATE ROOM TO LIVE:***

### **1. I COME TO \_\_\_\_\_.**

Matthew 11:28 – “**Come to me**, all you who are **weary** and **burdened**, and I will give you **rest**.”

**Come to me:** Is to believe to the point of submitting to His Lordship.

**Weary:** (To grow weary, or “to labor”) Carries the idea of working to the point of utter exhaustion.

**Burdened:** Indicating that at some time in the past, a great load was dumped on the wearied person.

**I will give... rest:** Means to refresh or revive, as from labor or a long journey.

Isaiah 40:29-31 - *He gives power to the weak, And to those who have no might He increases strength. <sup>30</sup> Even the youths shall faint and be weary, And the young men shall utterly fall, <sup>31</sup> But those who **wait** on the Lord Shall **renew** their strength; They shall mount up with wings like eagles, They shall run and not be weary, They shall walk and not faint. NKJV*

If you feel the weight of the world on you, the answer is not a plan, a purpose, a priority, a program, a philosophy, or a pill. It’s a person.

### **2. I GIVE UP MY \_\_\_\_\_.**

Matthew 11:29a - “**Take** My yoke upon you...”

**YOKE:** symbolized a partnership and submission.

When I'm "Yoked" with Christ, we move together in the same \_\_\_\_\_ and at the same \_\_\_\_\_.

Matthew 11:30 - "For My yoke is **easy**, and My burden is light."

Matthew 11:30 - "For My yoke **fits perfectly**" (NLT)

Galatians 5:25 - "Since we live by the Spirit, let us **keep in step** with the Spirit."

3. I LEARN TO \_\_\_\_\_.

Matthew 11:29b - "... **Learn** from Me; for I am **gentle** and **humble** in heart, and you will find **rest for your souls**."

- What often fills our life? **Quick** decisions and an **attitude** of, "It all depends on me."

**Next step:** *This week go to a quiet place and commit your life to Jesus. Remember, "your life" means "every area" of it.*