

Success: Goal Setting 2016

How to Have a Life That is in Control

12-27-15

➤ Signs of an _____-of-control life.

Galatians 5:19-21 - The acts of **the sinful nature** are obvious: sexual immorality, impurity and debauchery; ²⁰ idolatry and witchcraft; hatred, discord, jealousy, fits of rage, selfish ambition, dissensions, factions ²¹ and envy; drunkenness, orgies, **and the like.**

1. **The results: Wasted time, weakened bodies, warped thinking, and wrecked lives.**

➤ Signs of a Spirit-_____ life.

Galatians 5:22-23 - **But** the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, ²³ gentleness and **self-control.**

1. **Self-control means: To be in control.**

2. **An example of when my life is under control.**

Galatians 5:13-14 - You, my brothers, were called to be free. But do not use your freedom to indulge the sinful nature; rather, serve one another in love. ¹⁴The entire law is summed up in a single command: "**Love your neighbor as yourself.**"

Galatians 5:1 - It is for freedom that Christ has set us free. Stand firm, then, and do not let yourselves be burdened again by a **yoke of slavery.**

Galatians 5:13 - You, my brothers, were called to be free. But do not use your freedom to indulge the sinful nature...

3. **No one is truly free until they know _____.**

Galatians 5:16-17 - So I say, live by the Spirit, and you will not gratify the desires of the sinful nature. ¹⁷ For the sinful nature **desires** what is contrary to the Spirit, and the Spirit what is contrary to the sinful nature. They are in conflict with each other, **so that you do not do what you want.**

4. **This is why self-effort to change will _____ work. It can't.**

Galatians 5:16 - **So I say, live by the Spirit,** and you will not gratify the desires of the sinful nature.

5. **Here is where we all struggle:**

We think if I _____ fulfill the lust of the flesh, then I'll be walking in the Spirit.

6. **Holiness *is not the way to Christ; Christ is the way to holiness.***

➤ **How to _____ a Spirit-controlled life.**

Galatians 5:18 - But if you **are led by the Spirit,** you are not under law.

1. **Led means: To be _____ led of the Spirit.**

Galatians 5:16 - So I say, **live** by the Spirit, and you will not gratify the desires of the sinful nature.

2. **Live means: To tread all around, i.e. walk at large (especially as proof of ability); figuratively, to live, deport oneself, follow (as a companion or votary):**

3. **The spirit-controlled life is like walking.**

4. **When you begin to walk, it starts with a _____.**

5. The Spirit-controlled life is not lived by willpower, but _____ into an act of will.

Galatians 5:18 - But if you are led by the Spirit, . . .

Ephesians 5:18-19 - Do not get drunk on wine, which leads to debauchery. Instead, be filled with the Spirit.

6. It is a choice to stay _____ -bounds in your walk.

Galatians 5:16 - I say then: Walk in the Spirit, and you shall not fulfill the lust of the flesh. NKJV

Colossians 3:15 - Let the peace of Christ rule in your hearts, . . .

➤ **How to stay in a Spirit-controlled life: Repentance and faith.**

Colossians 2:6 - As you therefore have received Christ Jesus the Lord, so walk in Him. NKJV

➤ **The results of the Spirit controlled life.**

Galatians 5:22 - But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, 23 gentleness and self-control.

SOMETHING TO THINK ABOUT:

1. ARE YOU A STUDENT OF JESUS OR ARE YOU A DISCIPLE OF JESUS?

- A STUDENT STUDIES**
- A DISCIPLE PRACTICES**