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# Sermon notes Sunday, Jan. 18, 2015

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### **Lip Sync – Truth-telling** – Pastor Justin Ross

### Ephesians 4:14-16; 25

### It's a great theory, but ...

- "... if I told my boss, he'd blow up."
- "... if I told my husband, he'd withdraw even more."
- "... if I told my parents, they would be too disappointed."
- "... if I told my wife I was sexually frustrated in our marriage, she would accuse me of having a one-track mind."

### The biggest problem in us having authentic relationships is we violate the basic requirement: Honesty.

- Speak the truth in love.
- Don't bear false witness.
- Lay aside falsehood.
- Speak the truth to one another.

#### Guidelines for truth-telling:

- E-mail/social media never work.
- Identify the real obstacle.
- Arrange to meet the person face-to-face ASAP.
- Affirm the relationship before you open up the agenda.
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- Make observations rather than accusations.
- Don't go public when you haven't even attempted to talk in private.

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