

LIVING BY THE FLESH VS. LIVING BY THE SPIRIT

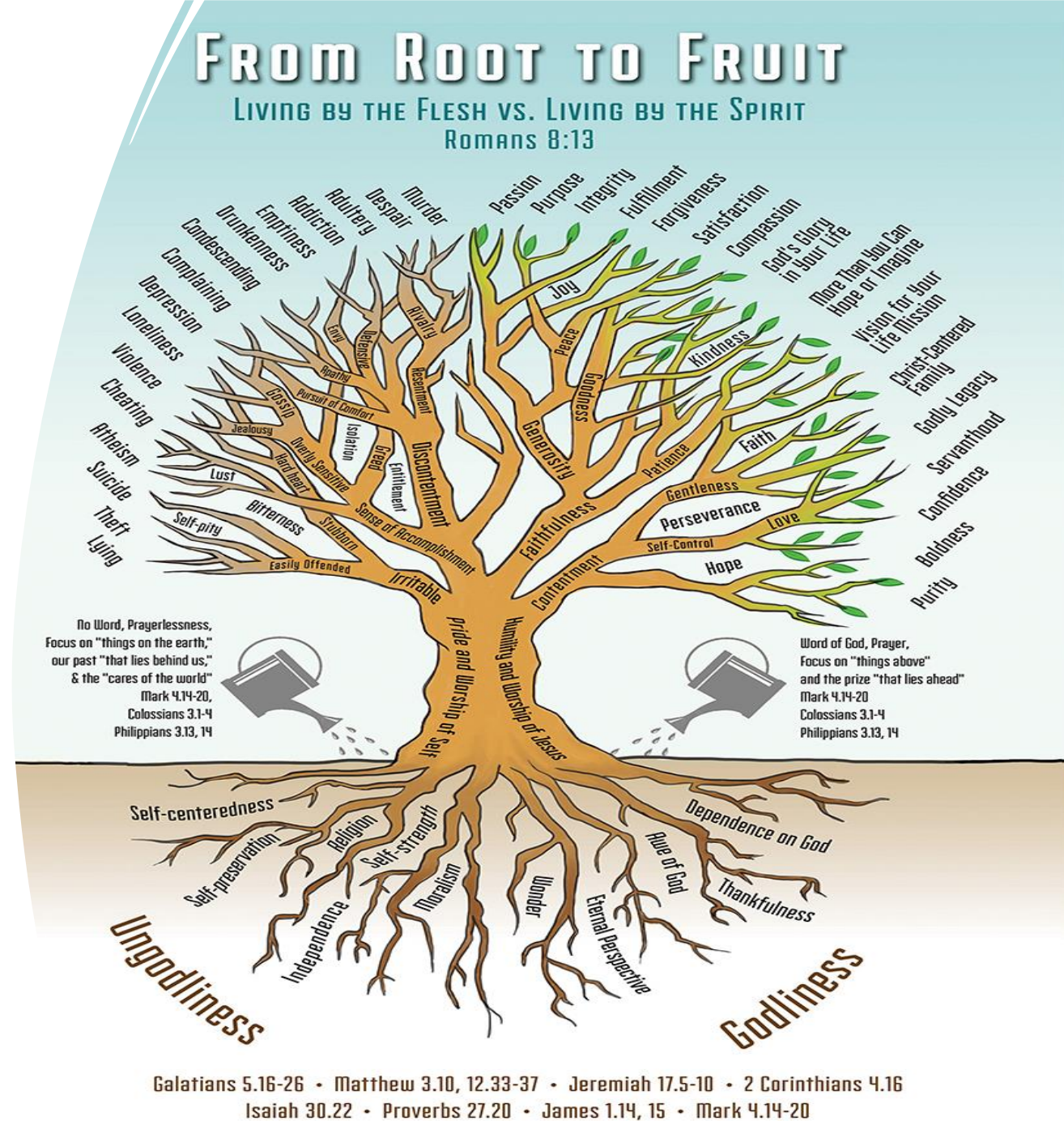
Romans 8:13

PROBLEM:

“UNLOCKING OUR HEARTS FROM THE PAST”

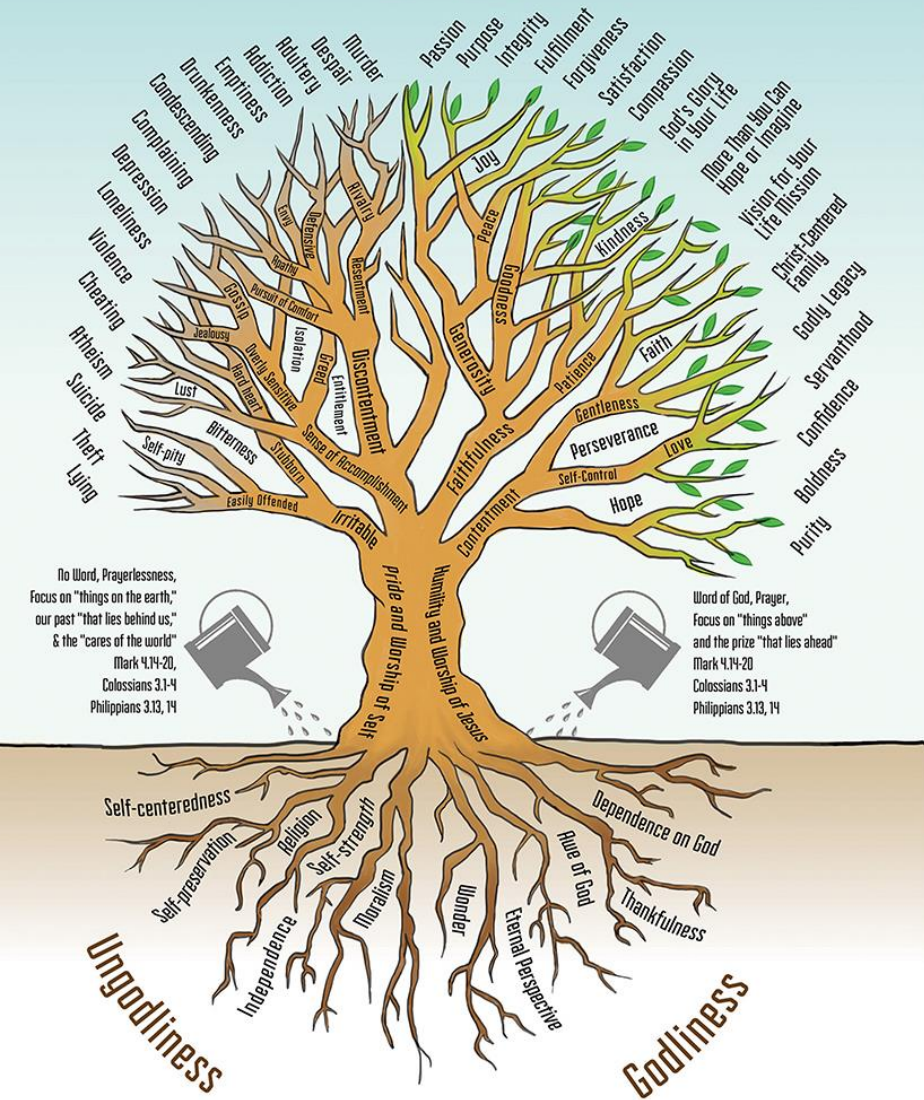
**“If you’ve got the fruit,
you’ve got the root”**

- *Inner Vows*
- *Soul Ties*
- *Ungodly Judging*
- *Bitter Root Judgment*



FROM ROOT TO FRUIT

LIVING BY THE FLESH VS. LIVING BY THE SPIRIT
Romans 8:13



ROOTS ARE FOUND IN THE HEART

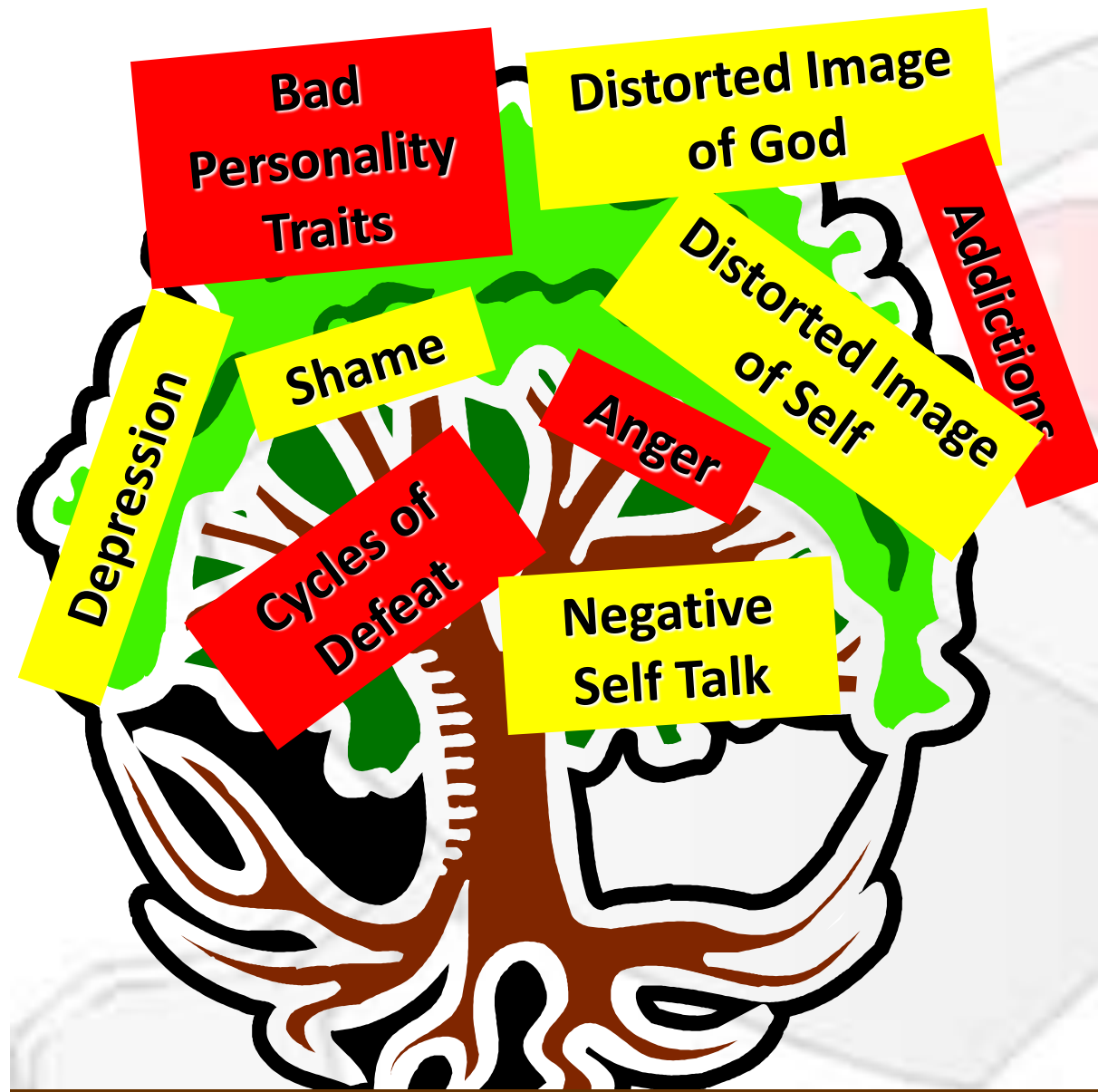
Luke 6:45 (NLT)

A good person produces good things from the treasury of a good heart, and an evil person produces evil things from the treasury of an evil heart. What you say flows from what is in your heart.

“Unhealthy Fruit”



- Overly demanding
- Overly compliant
- Controller
- Manipulator
- Selfishness
- Irresponsibility
- Boundary Violations
- Rebellion
- Self-Pity
- Deceptive
- No Feelings or emotions
- Avoids relationship
- Performance obsession
- Emotionless
- “Performer” – lives to satisfy an imaginary audience
- Addiction
- Use Guilt to Get Way
- Critical Spirit
- Sarcastic
- Depressions/Sadness

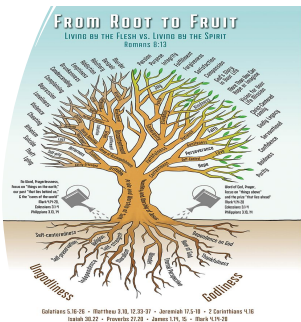


Generational Sins; Inner Vows; Soul Ties;
Bitter Root Judgments; Unforgiveness

Matthew 7:17–18 (TPT)
— 17 So if the tree is good, it will produce good fruit; but if the tree is bad, it will bear only rotten fruit and it deserves to be cut down and burned.

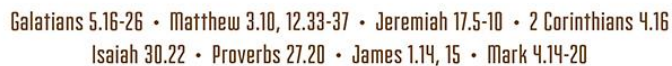
INNER VOWS

1. An inner vow is a vow we have made that tells God what we will and will not accept from Him.
2. An inner vow is a directive we send into our inner being. It is a command unto ourselves and is the program we send into our minds and make in response to a person, experience or desire in life.
3. A vow relates to the self nature and opposes an upward vow to God.
4. A vow that ties us to our unhealthy past



LIVING BY THE FLESH VS. LIVING BY THE SPIRIT

Romans 8:13



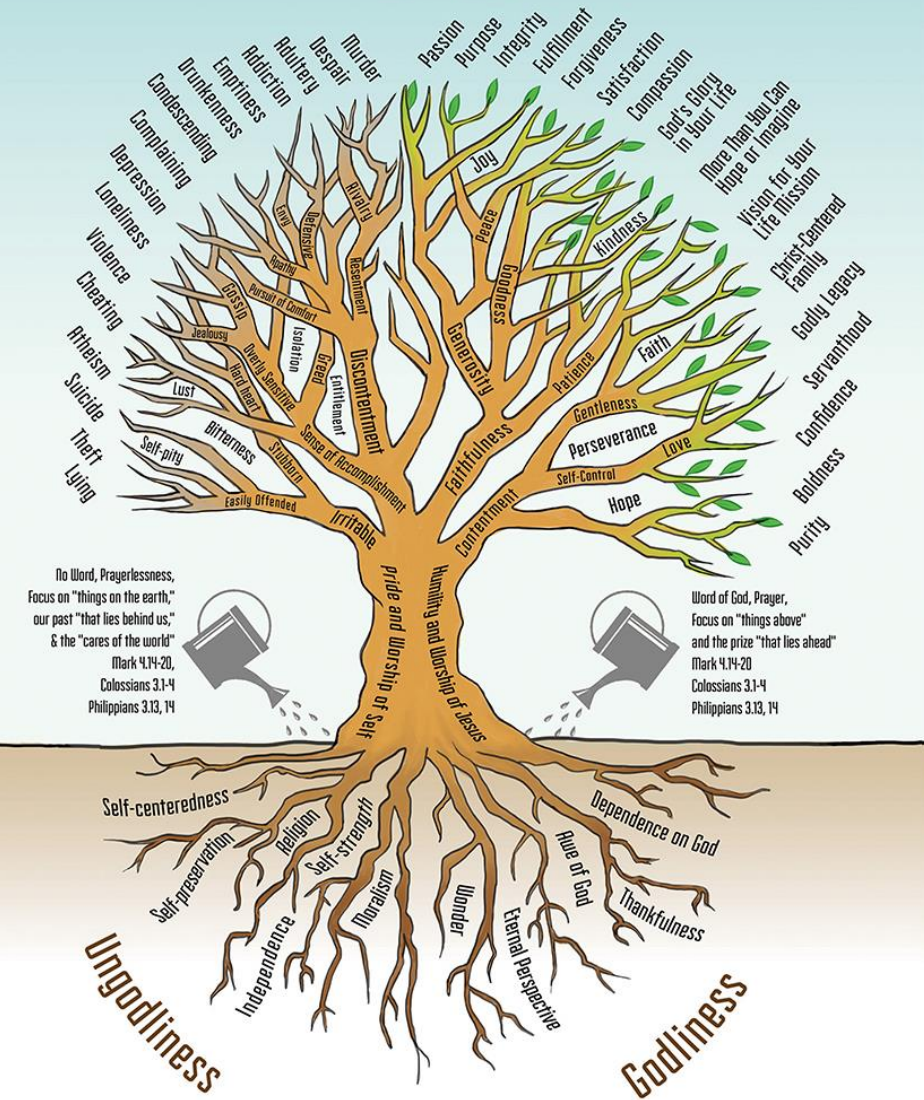
1. Acknowledge we don't have the right to inner vows
2. Repent of past judgments that were the birthplace of the inner vow
3. Renounce the inner vow and repent to God for letting it take control of your life.
4. Submit the area of your life to God

Inner Vow Worksheet

FROM ROOT TO FRUIT

LIVING BY THE FLESH VS. LIVING BY THE SPIRIT

Romans 8:13



Galatians 5:16-26 • Matthew 3:10, 12:33-37 • Jeremiah 17:5-10 • 2 Corinthians 4:16

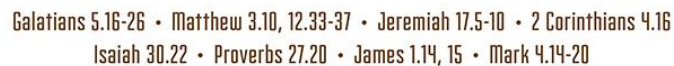
Isaiah 30:22 • Proverbs 27:20 • James 1:14, 15 • Mark 4:14-20

Soul Ties

1. Soul Ties are Spiritual forces that draw two souls together in the Spiritual Realm
2. It is what draws married couples together like magnets
3. It is what causes abused men and women to keep returning to the abuser or those like them
4. Ungodly soul ties fragment the soul, and is destructive. People who have many past relationships find it very difficult to 'bond' or be joined to anybody, because their soul is fragmented.

LIVING BY THE FLESH VS. LIVING BY THE SPIRIT

Romans 8:13

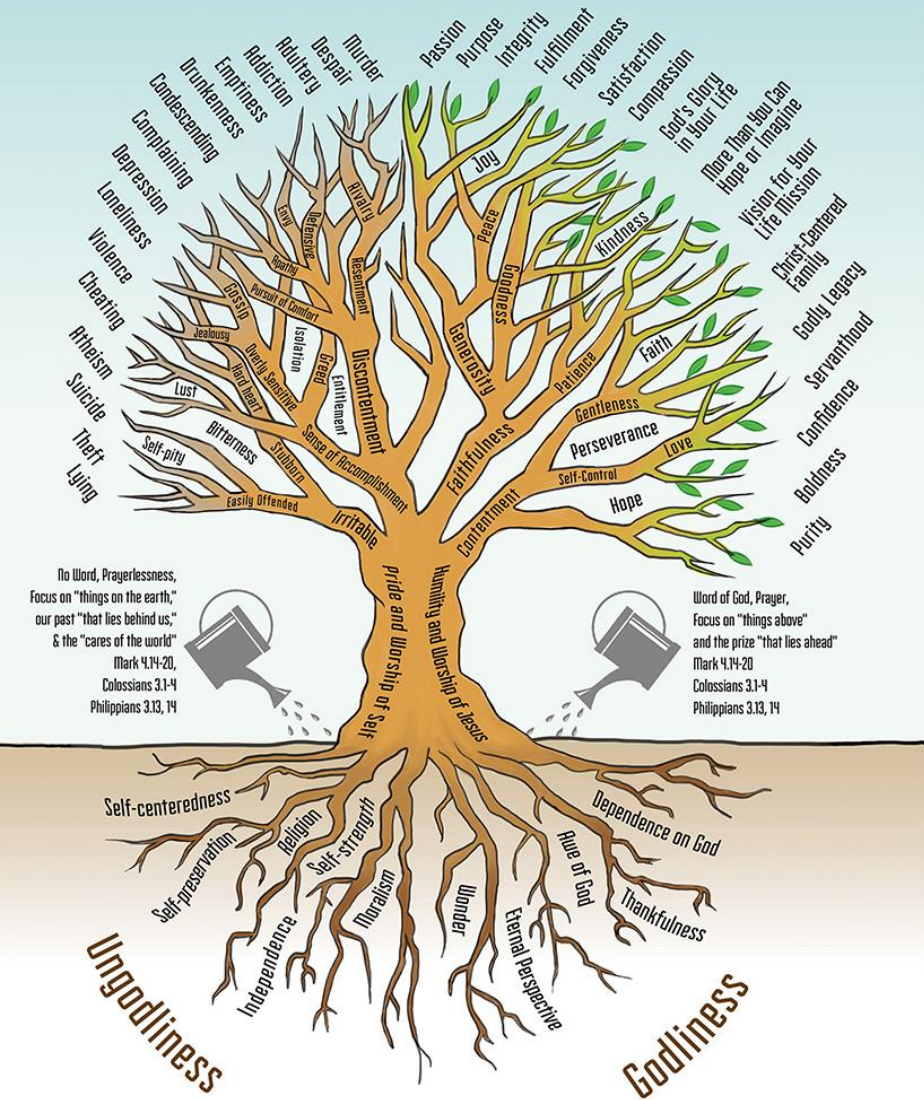


1. Sexual Relations

1. Godly in the marriage relationship
 2. Ungodly—fornication, sexual perversion
- Close relationships such as David and Jonathan whose souls were “knit together” in their friendship
1. Danger is holding people in too high regard or idolizing them
- Vows, Commitments, Agreements
1. Secret Societies, Organizations etc

FROM ROOT TO FRUIT

LIVING BY THE FLESH VS. LIVING BY THE SPIRIT
Romans 8:13



Galatians 5:16-26 • Matthew 3:10, 12:33-37 • Jeremiah 17:5-10 • 2 Corinthians 4:16
Isaiah 30:22 • Proverbs 27:20 • James 1:14, 15 • Mark 4:14-20

Breaking Soul Ties

1. Repent...
2. Return
3. Renounce Any Vows...
4. Release...
5. Renounce the Soul Tie...
6. BREAK FREE!

• ***SOUL TIES WORKSHEET***

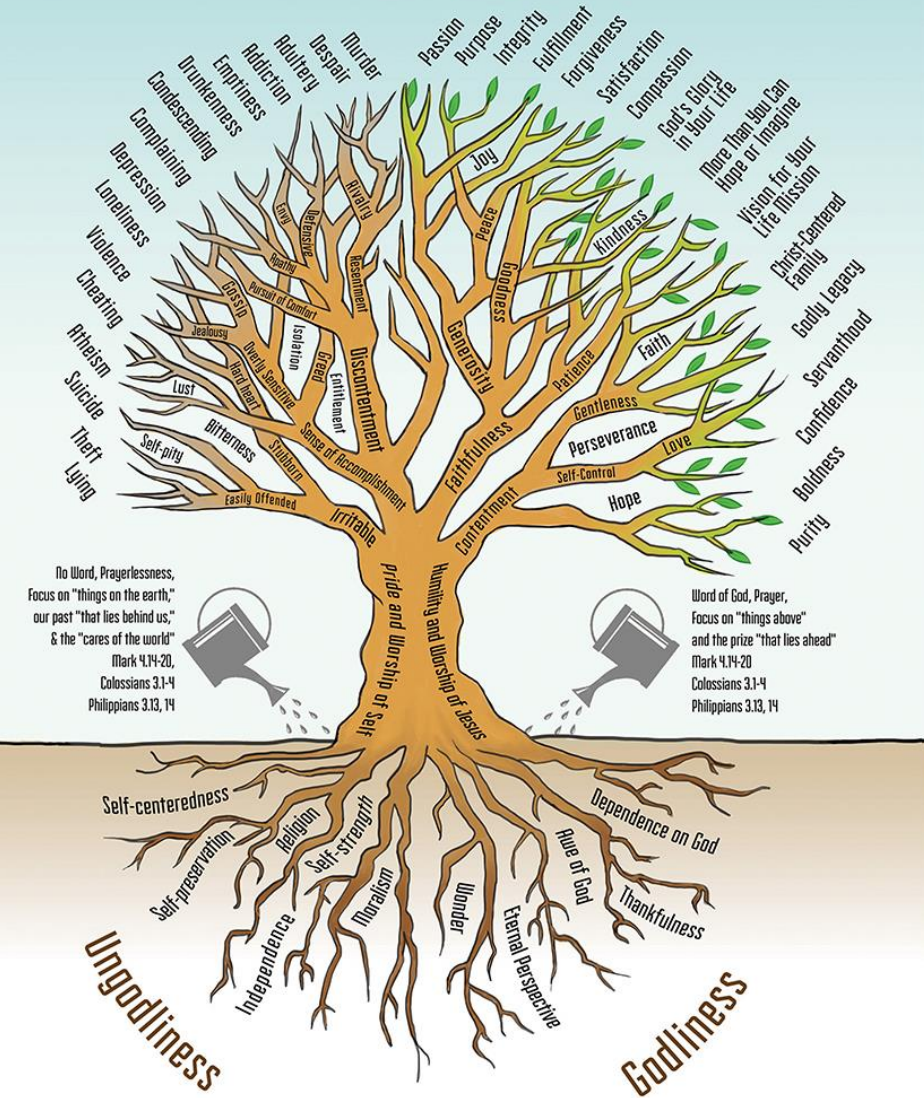
WARNING AGAINST JUDGING OTHERS

- **Matthew 7:1-2** 1 "Do not judge, or you too will be judged. 2 For in the same way you judge others, you will be judged, and with the measure you use, it will be measured to you.
- **Luke 6:37** "Do not judge, and you will not be judged. Do not condemn, and you will not be condemned. Forgive, and you will be forgiven.
- **Romans 2:1** You, therefore, have no excuse, you who pass judgment on someone else, for at whatever point you judge the other, you are condemning yourself, because you who pass judgment do the same things.
- *Judge = krinete = our word CRITIC; to pronounce judgment upon; to censure; The habit of censoriousness, sharp, unjust criticism*

FROM ROOT TO FRUIT

LIVING BY THE FLESH VS. LIVING BY THE SPIRIT

Romans 8:13



Galatians 5:16-26 • Matthew 3:10, 12:33-37 • Jeremiah 17:5-10 • 2 Corinthians 4:16
Isaiah 30:22 • Proverbs 27:20 • James 1:14, 15 • Mark 4:14-20

JUDGING OTHERS FORBIDDEN

Romans 14:4

Who are you to judge someone else's servant? To his own master he stands or falls. And he will stand, for the Lord is able to make him stand.

THE DANGER OF JUDGING: RELEASES THE SPIRITUAL LAW OF SOWING AND REAPING

Galatians 6:7-9

7 Do not be deceived, God is not mocked; for whatever a man sows, that he will also reap. 8 For he who sows to his flesh will of the flesh reap corruption, but he who sows to the Spirit will of the Spirit reap everlasting life. 9 And let us not grow weary while doing good, for in due season we shall reap if we do not lose heart.

Romans 8:13



THE SPIRITUAL LAW OF SOWING AND REAPING

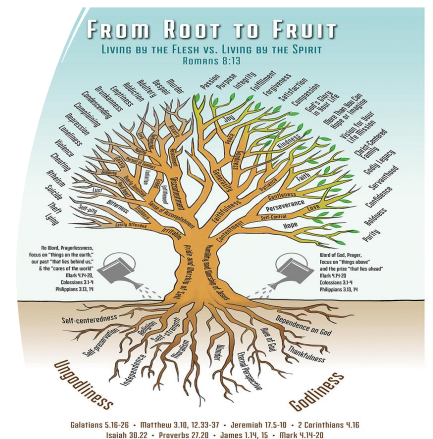
1. Whatever you sow, good or bad, will be harvested in your life.
2. Your harvest is much greater than the seed sown. *The law of multiplication*
3. The harvest will come later and has its own timing...depending upon the conditions
4. Law of fruit...good seed yields good fruit and bad seed yields bad fruit. (Luke 6:43-44)

BITTER ROOTS LEAD TO DEFILEMENT

Hebrews 12:15 (ESV) — See to it that no one fails to obtain the grace of God; that no “***root of bitterness***” springs up and causes trouble, and by it many become defiled;

Hebrews 12:15 (TPT) — Watch over each other to make sure that no one misses the revelation of God's grace. And make sure no one lives with a ***root of bitterness*** sprouting within them which will only cause trouble and poison the hearts of many.

Defiled: stain with demonic process



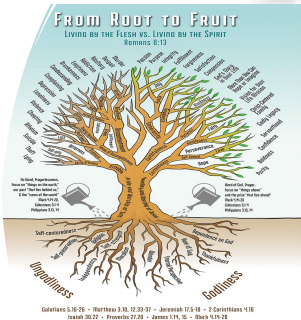
BITTER ROOTS/BITTER ROOT JUDGMENTS ARE.....

1. ...sinful reactions to circumstances that occur in our lives;
2. ...condemning judgments of other people;
3. ...the inability or refusal to forgive someone;
4. ...the operations of the unchangeable Laws of God, which cause us to reap in kind what we have sown;
5. ...our sinful responses to things that have harmed us;
6. ...what infects the mind with expectancies, i.e., it is a psychological practice in our lives.
7. ...habits of a self-fulfilling prophecy, by which we "push" people to fulfill our picture of the way things will go. (taken from Elijah House Ministries)

BITTER ROOT JUDGMENTS

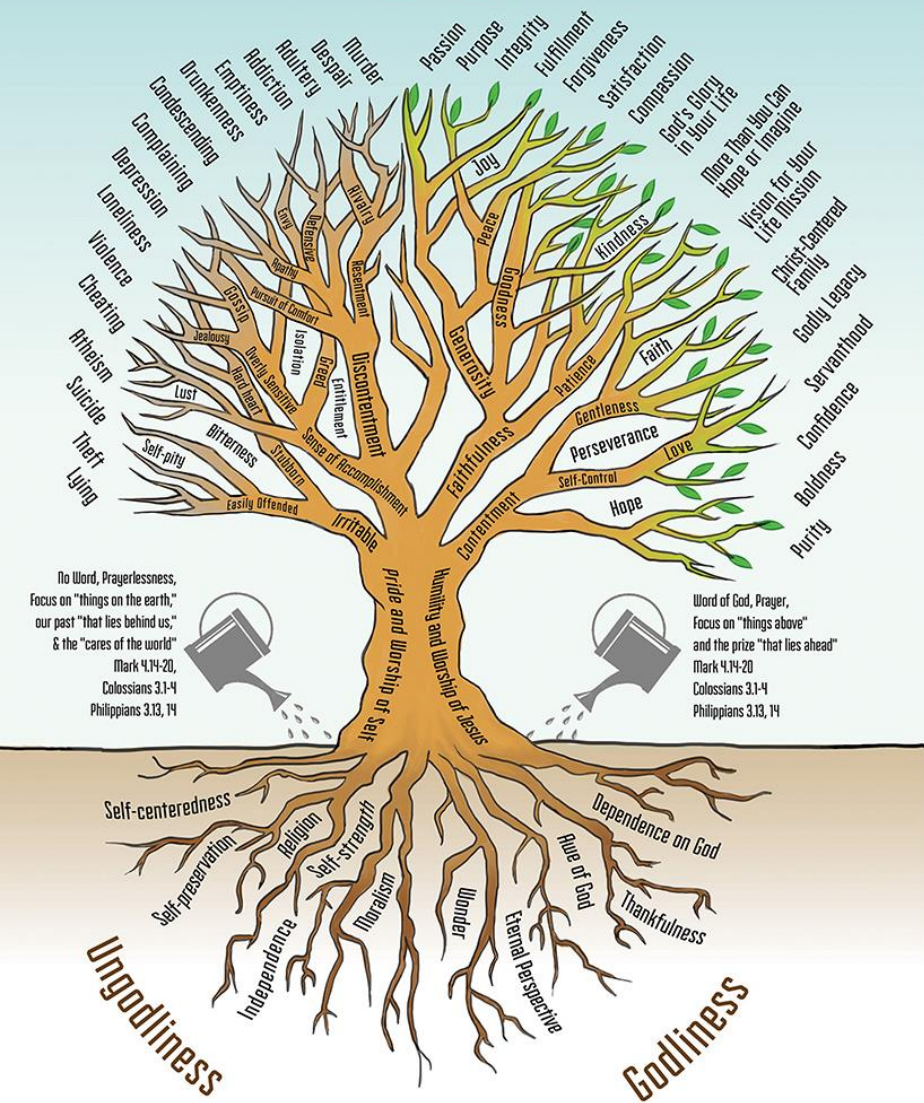
- Are seeds that often start with parents but not necessarily. Can be grandparents, teachers, etc.
- The judgments are the seeds sown and the **bitter root expectation** is the vehicle that brings the judgments to fruition with others such as our spouse, children, friends, those in authority or even God
- Because of our expectation, if others are not willing to participate in our “game” we push buttons to make it happen

(taken from Elijah House Ministries)



LIVING BY THE FLESH VS. LIVING BY THE SPIRIT

Romans 8:13



Galatians 5.16-26 • Matthew 3.10, 12.33-37 • Jeremiah 17.5-10 • 2 Corinthians 4.16
Isaiah 30.22 • Proverbs 27.20 • James 1.14, 15 • Mark 4.14-20

1. Realize our sin of judging others. Look in your own life for damaging habits, lifestyles, attitudes, etc.
2. Repent to God because judging others is a sin against God.
3. Break the judgment by verbally renouncing it. "In the name of Jesus, I break this judgment I made upon _____."
4. Remain true to what we have spoken in renouncing the judgment.